

Ephesians 4:2b-3 Discussion Questions

Please feel free to use the questions below for group discussion or individual study and reflection after listening to the audio and reading the notes. We trust the Holy Spirit will guide you in how to use them effectively. Please let us know if there are other resources or ways we can support you. Thank you for joining us on this journey and for pursuing truth.

1. What is your current understanding of meekness?

How might we tell if our anger is based only on our own perspective or the perspective/heart of God?

2. What is the difference between “putting up with one another” and “bearing with one another”?

How does bearing with one another preserve unity in the Body of Christ?

3. Who do you have in your life that shares truth with you in love?

What keeps us from allowing this in more of our relationships?

4. Have you ever thought of yourself as a preserver of the unity in the Body?

What is the glue that holds us together?

Digging Deeper:

Take a moment to reflect on how God relates to you in both love and truth. How does He accept you? How does He shepherd you into behavior that aligns with His Spirit in you?