

Ephesians 4:31-5:1a Discussion Questions

Please feel free to use the questions below for group discussion or individual study and reflection after listening to the audio and reading the notes. We trust the Holy Spirit will guide you in how to use them effectively. Please let us know if there are other resources or ways we can support you. Thank you for joining us on this journey and for pursuing truth.

1. Bitterness, anger, slander, etc... From where do these attitudes and behaviors stem? Are we able to detect it in ourselves? If so, how?
2. How do you deal with these traits in your daily behavior? Is it ever accomplished in our own strength? If not, how is it accomplished?
3. What would it look like in your life to forgive others in the same way God has forgiven us?
4. Read Ephesians 5:1 and John 14:10. How did Jesus do what Paul describes in Ephesians 5:1?
5. Based on who lives in the believer (Galatians 2:20 and Colossians 1:27), how should we follow Paul's recommendation in Ephesians 5:1?

Digging Deeper:

Let's consider a question Bob posed in his teaching this week: "Think of the person you dislike the most. Can you forgive that person before they forgive you?" Is it possible for you to be the first one to extend grace and forgiveness? List any Scripture passages that come to mind as you think about that?